

Ramadan dua learning planner

Four source cards, a 29/30-day reading tracker and room for personal reflection.

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HOW TO USE THIS PACK

Choose the sources you wish to learn. The tracker is an optional editorial learning aid, not a prescribed daily dua, ashra sequence or repetition schedule. Use day 30 only if Ramadan lasts 30 days.

Arabic, transliteration and English meaning are separate. Transliteration is a reading aid; use the Arabic and a teacher for pronunciation. Read the linked HTML pages for the full explanations and FAQs.

Print and source notes

A4 portrait. Print at actual size on A4, or fit to page on US Letter. Grayscale printing is supported. Keep source credits with any permitted copy.

English meanings prepared with AI assistance for Dua Library; not a published translator's version.

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Corrections: support@dualibrary.com. Include version and page number.

SOURCE CARD 1 OF 4

At breaking the fast

ذَهَبَ الظَّمْأُ وَابْتَلَّتِ الْعُرُوقُ وَثَبَتَ الْأَجْرُ إِنْ شَاءَ اللَّهُ

TRANSLITERATION

Dhahabaz-zama'u wabtallatil-'uruqu wa thabatal-ajru in sha' Allah.

ENGLISH MEANING

Thirst has passed, the veins are moistened, and the reward is established, if Allah wills.

SOURCE CONTEXT

Reported in connection with breaking the fast. This wording is not a fasting intention or a required statement before starting the fast.

Sunan Abi Dawud 2357 (supplication excerpt)

Hasan - Al-Albani, as displayed on Sunnah.com.

<https://sunnah.com/abudawud:2357>

English meanings prepared with AI assistance for Dua Library; not a published translator's version.

Full explanation and FAQs: <https://innalillahiwainnailahirajun.com/duas/iftar/>

MY LEARNING NOTE

SOURCE CARD 2 OF 4

For pardon on Laylat al-Qadr

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

TRANSLITERATION

Allahumma innaka 'afuwwun tuhibbul-'afwa fa'fu 'anni.

ENGLISH MEANING

O Allah, You pardon and love pardon, so pardon me.

SOURCE CONTEXT

The report concerns asking for pardon on Laylat al-Qadr. Keep this occasion and the exact wording distinct from unsourced fixed formulas.

Sunan Ibn Majah 3850 (supplication excerpt)

Sahih - Darussalam, as displayed on Sunnah.com.

<https://sunnah.com/ibnmajah:3850>

English meanings prepared with AI assistance for Dua Library; not a published translator's version.

Full explanation and FAQs: <https://innalillahiwaainnailaihirajun.com/duas/laylat-al-qadr/>

MY LEARNING NOTE

SOURCE CARD 3 OF 4

Adam and his wife's prayer for forgiveness

رَبَّنَا ظَلَمْنَا أَنْفُسَنَا وَإِنْ لَّمْ تَغْفِرْ لَنَا وَتَرْحَمْنَا لَنَكُونَنَّ مِنَ الْخَاسِرِينَ

TRANSLITERATION

Rabbana zalamna anfusana wa il-lam taghfir lana wa tarhamna lanakunanna minal-khasirin.

ENGLISH MEANING

Our Lord, we have wronged ourselves. Unless You forgive us and show us mercy, we will surely be among those who lose.

SOURCE CONTEXT

Quran 7:23 records Adam and his wife asking for forgiveness. This is a Quranic prayer, not a formula assigned to a particular Ramadan day or ten-day period.

Quran 7:23 (verbatim supplication excerpt); Arabic: Tanzil Quran Text (Simple, Version 1.1), Copyright (C) 2007-2026 Tanzil Project, CC BY 3.0

Not applicable - Quran

<https://tanzil.net/#7:23>

English meanings prepared with AI assistance for Dua Library; not a published translator's version.

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Full explanation and FAQs: <https://innalillahiwaainnailaihirajiun.com/duas/forgiveness/>

MY LEARNING NOTE

SOURCE CARD 4 OF 4

For good in this world and the Hereafter

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

TRANSLITERATION

Rabbana atina fid-dunya hasanatan wa fil-akhirati hasanatan wa qina 'adhaban-nar.

ENGLISH MEANING

Our Lord, grant us good in this life and good in the life to come, and protect us from the punishment of the Fire.

SOURCE CONTEXT

This comprehensive request occurs in Quran 2:201. Its use in this reading pack does not make it a date-specific Ramadan formula.

Quran 2:201 (verbatim supplication excerpt); Arabic: Tanzil Quran Text (Simple, Version 1.1), Copyright (C) 2007-2026 Tanzil Project, CC BY 3.0

Not applicable - Quran

<https://tanzil.net/#2:201>

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Full explanation and FAQs: <https://innalillahiwainnailahirajun.com/duas/forgiveness/>

MY LEARNING NOTE

My Ramadan learning tracker

An optional personal learning log. Choose any card; no card is assigned to a date. Day 30 applies only in a 30-day Ramadan.

Ramadan year: _____

Day	Card / source read	Meaning checked	Reflection or question
1		☐	
2		☐	
3		☐	
4		☐	
5		☐	
6		☐	
7		☐	
8		☐	
9		☐	
10		☐	
11		☐	
12		☐	
13		☐	
14		☐	
15		☐	

* Day 30 is optional when the month lasts 29 days. This tracker does not set fasting dates or identify Laylat al-Qadr.

My Ramadan learning tracker

An optional personal learning log. Choose any card; no card is assigned to a date. Day 30 applies only in a 30-day Ramadan.

Ramadan year: _____

Day	Card / source read	Meaning checked	Reflection or question
16		☐	
17		☐	
18		☐	
19		☐	
20		☐	
21		☐	
22		☐	
23		☐	
24		☐	
25		☐	
26		☐	
27		☐	
28		☐	
29		☐	
30*		☐	

* Day 30 is optional when the month lasts 29 days. This tracker does not set fasting dates or identify Laylat al-Qadr.

OPTIONAL REFLECTION WORKSHEET

Reflection and next steps

Use this space for your own reflections. Personal requests and notes are separate from the quoted Arabic source texts.

A meaning that helped me reflect

A source context I learned

A blessing I want to thank Allah for

A question to ask a qualified teacher

What I would like to keep learning after Ramadan
